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# DogWatch DIY Hidden Fence System

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Pet  Friendly™

## Containment Training



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**DogWatch®**  
HIDDEN FENCES

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# 1

## PHASE 1 (1-2 days) Audible “Beep” Training

During this phase, the Training Level on the receiver is set to “Audible Only”. On this setting, your dog will hear only the audible “beep” tone and will not receive a correction if he enters the Avoidance Zone.

1. Put the receiver collar on your dog 20 minutes before training. Your dog’s regular collar should be positioned below the DogWatch collar.
2. Clip the green DogWatch training leash on his regular collar.
3. Take your dog outside and play with him in the Safety Zone for a few minutes.
4. Walk your dog around the perimeter of your yard, keeping inside the Safety Zone and away (about 3 to 4 feet) from the training flags.
5. When you finish the walk, approach a training flag. Hold the dog by the leash in one hand and slap or shake a flag with the other, warning the dog firmly (in a low stern voice) “Watch out!” or “Careful!” You can also use a friend or family member to sit in the Avoidance Zone to shake the flag as you approach it.
6. Give the leash a firm tug, and quickly retreat into the Safety Zone. This creates a sense of urgency to the retreat. It is not a casual turn. Remember to use a lot of “Good dog!” praise after you’ve retreated into the Safety Zone.
7. Now walk your dog around the property allowing him to enter the Avoidance Zone between the two flags.
8. When your dog enters the Avoidance Zone, he will receive an audible “beep” (or vibration) warning. Immediately say, “Watch out!” and quickly tug on the leash and direct him back into the Safety Zone and praise.
9. Repeat several times in different locations (where flags are visible) and watch for hesitation as you approach the flags. Your dog may turn or shake his head when he hears the beep (or feels the vibration).

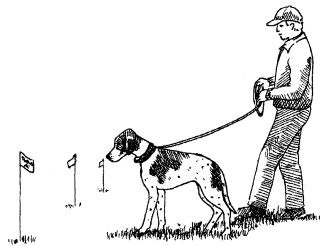


*Give a verbal warning at the flags, “No.”*

**Remember: Playtime is very important!** Praise and play with your dog in the Safety Zone for a few minutes. Take your dog inside and remove the receiver collar after about 20 minutes. Train your dog in this manner for a least two days before moving on to Phase 2.

## 2 PHASE 2 (2-5 days) Introduction to Correction

1. Put the DogWatch receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training leash to your dog's regular collar and take your dog outside and play a few minutes in the Safety Zone.
3. Walk around the complete perimeter, remaining inside the Safety Zone. Pause a few times along the way to slap a flag and say, "No!"



*Give one tug and warning at the flags, "No."*

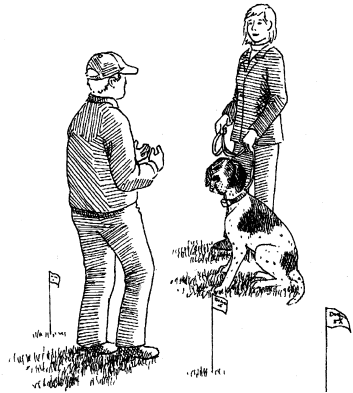
4. Now you are ready to introduce your dog to correction. Phase Two will help reinforce your dog's new boundary and the consequences if he crosses the training flags. Select a new location to teach your dog today. Allow your dog to walk into the Avoidance Zone while saying the negative command. When your dog retreats out of the Avoidance Zone after he hears the warning "beep", praise him for a few minutes in the Safety Zone. Select another location and repeat the exercise. If your dog does not react to the correction, first check to be sure the contact posts are touching the dog's skin. Always start at the lowest level of correction and work your way up one level at a time as necessary.
5. After training, praise your dog and play with him in the Safety Zone for a few minutes. Then bring your dog into the house and remove the receiver collar after about 20 minutes.

**Note: Do not remove the receiver collar immediately following the training so your dog does not associate the collar with the correction.**

**Remember: Training sessions should last no longer than 15-20 minutes each, and no more than twice a day.**

## 3 PHASE 3 (2-5 days) Introduction to Distractions

1. Put the receiver collar on your dog at least 20 minutes before going outside.
2. Clip on the green DogWatch training leash to your dog's regular collar and take your dog outside and play a few minutes in the Safety Zone.
3. Walk around the Safety Zone and have an assistant (friend or family member) appear outside the Safety Zone at least 10 to 15 feet back from the flags. Walk past your assistant without speaking, but remain in the Safety Zone.

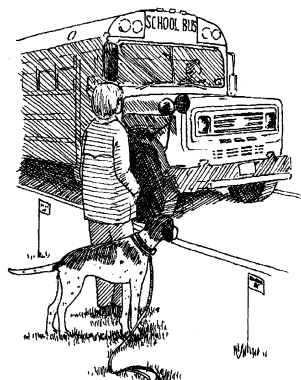


*Ask someone to be a distraction.*

4. If your dog approaches your assistant and enters the Avoidance Zone, allow your dog to receive a correction. Say, "Watch out!" and tug him back into the Safety Zone.
5. Let your assistant leave, walk your dog around the perimeter again, and let your assistant appear again. Your assistant can call out the dog's name, but do not allow your assistant to ask the dog to "Come".
6. If your dog attempts to go over to your assistant, reinforce the flags and say, "No!" Repeat the exercise for no more than a total of 20 minutes.
7. If your dog makes no attempt to go over to your assistant, reinforce the flags, end the exercise and praise your dog in the Safety Zone.
8. Repeat the exercise for 2 to 5 days. Then move to Phase 4.

### 4 PHASE 4 (2-5 days) Introduction to Increased Distractions

1. Put the receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training leash to your dog's regular collar and take him outside. Play a few minutes in the Safety Zone.
3. Reinforce the flags.
4. Introduce "real life" distractions to your dog. Have a friend drop by or start training when the letter carrier or school bus is scheduled. Take extra care if you use a vehicle as a distraction.
5. Keep the dog on the leash when you first introduce the distraction. If your dog attempts to run past the flags and receives a correction, he should retreat to the Safety Zone. Praise and play with your dog.



*Introduce a distraction.*

6. If your dog retreats to the Safety Zone, drop the leash (but keep it within reach) and reintroduce the distraction. Praise and Play.
7. If your dog is afraid to move, gently pull him back into the Safety Zone. Continue to train with distractions for 2-5 days.

**Remember: Play and praise at the end of each training session.**

### 5 PHASE 5 (2-5 days) Letting Your Dog Off the Leash

1. Put the receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training leash to your dog's regular collar and take him outside and play a few minutes in the Safety Zone. Remove the training leash and let him run freely in the yard. Shake the flags to reinforce where his boundary is
3. **Important:** Your dog will expand his comfort level over a period of time. Your dog should remain about 6 feet away from the flags when he is first let off the leash. Gradually your dog's safety zone will increase to his individual level of comfort. Remove the yard flags, every other one, every other day.

## What To Expect Off The Leash

1. Your dog will run toward the flags, see them and stop.
2. Your dog will run into the Avoidance Zone, hear the “beep” warning and retreat.
3. Your dog will run into the Avoidance Zone, hear the “beep” warning, receive a correction, and retreat.
- 4 In rare cases, your dog may run through the boundary.
  - Retrieve the dog immediately. Take off the receiver collar and walk him back into the yard.
  - Bring the dog into the house and remove the receiver collar after about 20 minutes.
  - Additional flag training or an increase in correction level is necessary at this point. Remember, always work your way up one level at a time as necessary.
  - **Important:** Do not punish the dog verbally for making errors. He’s still learning!

# 6

## PHASE 6 (2-5 days) Taking Your Dog Outside the Boundary

Two to five days after you complete Phase 4, begin the last phase of training: taking your dog across the boundary for a walk. It is important to be consistent when taking your dog for a walk. Be sure to use your dog’s regular collar and leash and go to and from your walk using the same “exit” area. You can also pick up a small dog and carry him over the flagged boundary during the first weeks of training.

### Final Exam Day!

Play in the Safe Zone. Try tossing a ball outside of the boundary (but DO NOT throw it in the street). If your dog does not cross the boundary to get the ball, he passes the test! If he does cross the boundary, go back to Phase 3 and repeat the training until he can pass this last test.

## Training Tips

1. Never call your dog to “come” or give a recall command when you are outside the flag line.
2. Never walk your dog through the flags during the training process.
3. Always reinforce the retreat concept by shaking the flag while saying “Watch out!” and commanding “back-back-back” when your dog receives an audible warning or a correction during the training process.
4. Adjust the receiver collar, test the battery regularly, keep the contact posts clean.
5. After the training period, your dog may wear the receiver collar during the day, but remove it at night. Check your dog’s neck area and make sure there is no irritation.
6. Keep the training consistent: 15 to 20 minutes once or twice a day.
7. NEVER throw a stick or toy into the Avoidance Zone.
8. ALWAYS maintain a positive attitude when training your dog.